

Heartfelt Care Services – Detailed NDIS Service Descriptions

0101 Accommodation / Tenancy Assistance

- Support in securing and maintaining safe, stable, and long-term housing.
- Help complete rental applications and tenancy paperwork.
- Understanding leasing agreements, rights, and responsibilities.
- Budgeting assistance to maintain ongoing housing.
- Resolving tenancy issues with landlords or property managers.
- Finding appropriate and safe long-term accommodation.
- Skill development to sustain tenancy independently.

0106 Assist – Life Stage, Transition

- Support for major life transitions such as school, work, or new living arrangements.
- Goal-setting and tailored life planning.
- Emotional and practical guidance during changes.
- Mentorship for confidence and decision-making.
- Coaching for new responsibilities and routines.
- Linking with services and opportunities.
- Support adjusting to new environments and expectations.

0107 Assist – Personal Activities

- Dignified assistance with daily personal tasks.
- Hygiene, toileting, bathing, and grooming support.
- Support with dressing, preparing for the day, and meal times.
- Medication reminders and schedule support.
- Mobility assistance, transfers, and safe positioning.
- Morning and evening routine support.

0108 Assist – Travel / Transport

- Safe and reliable transport to appointments, school, work, and community activities.
- Assistance with vehicle entry and exit.
- Supervision during travel for safety and comfort.
- Travel training for independent commuting.
- Support using buses, trains, rideshare, or taxis.

0114 Community Nursing Care

- Professional clinical support delivered by qualified nurses.
- Wound care assessment, dressing, and monitoring.
- Medication administration: oral, injectable, or topical.
- Chronic disease and condition monitoring.
- Continence management and catheter support.

- PEG feeding and diabetes care (if applicable).
- Health education and vital signs monitoring.

0115 Daily Tasks / Shared Living

- Support for participants in shared or group living environments.
- Daily personal care in a shared setting.
- Meal preparation and shared meal routines.
- Household chores and cleaning assistance.
- Support with communication among housemates.
- Skill development for independent shared living.
- Community access and social engagement support.

0116 Innovative Community Participation

- Creative and engaging activities that promote growth and community involvement.
- Social enterprise and volunteer programs.
- Creative arts, music, and workshop participation.
- Outdoor group experiences and team-building.
- Skill-based creative or technical programs.
- Personal development and mentorship opportunities.

0117 Development – Life Skills

- Practical teaching of essential everyday life skills.
- Budgeting, saving, and money management.

- Cooking basics, food safety, and meal planning.
- Time management and routine-setting.
- Household safety and cleaning.
- Communication, social, and interpersonal skills.
- Shopping, nutrition, and personal organisation.

0120 Household Tasks

- Support keeping the home safe, clean, and comfortable.
- General cleaning of bathrooms, kitchens, and bedrooms.
- Laundry washing, folding, and ironing.
- Dishwashing and hygiene upkeep.
- Basic gardening and outdoor tidying.
- Bedmaking and home organisation.
- Rubbish disposal and sanitation assistance.

0125 Participate Community

- Support joining and enjoying community-based activities.
- Attending social gatherings, classes, or events.
- Assistance participating in hobbies and recreational activities.
- Building confidence in social environments.
- Support joining clubs, groups, and community programs.
- Encouragement to explore new interests.

0136 Group / Centre-Based Activities

- Structured programs that encourage socialisation and learning.
- Group lessons, workshops, and peer interaction.
- Art, music, recreation, and skill-building sessions.
- Team-building and social development activities.
- Independent living skills training.
- Fun, safe, supervised group environments.